

You Are So Much More Than Enough

You think you are not enough

and so that means what you do
is never enough. I think the story
"I am not enough" is a lie.

I am wondering
why we, intelligent, lovely, brave
souls that we are,
would go on believing a lie?
So today is a day for miracles
for shedding old stories
and I am wondering
who is ready to shed that one?

Ready. Set. Let's Go.

And when you are done with that
you can join us in inventing a new story.
One where you choose yourself
right now right where you are
regardless of your circumstances.
One where we choose to tell the truth
about ourselves to ourselves
and to others.

The truth is: you are more wonderful
than you can imagine
and it is nothing short
of a miracle that you were even born
at this time on this planet
to do your work no matter
what that is.

We have lived long enough
thinking 'not enough'
is a way of being. It's not.

Today that ends.

A way of being is to love
the sometimes fragile and broken
and sometimes confused
and still glorious
self that you are.

A way of being is to reinvent, with us,
in this moment
a story about who you are
that you would love to tell and live.

**This is an invitation to unleash your own personal legend.
To transform the critic into the almighty muse.**

You are so much more than enough!

From Tea with the Midnight Muse

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