



♥♥ I never settle for less than my heart & soul desire. ♥ I only have loving,

respectful relationships. ♥ I treat my body as a sacred temple
I am kind, gentle, patient & understanding with myself. ♥♥ I stay true to &
take care of myself, even if that means disappointing another ♥♥

SELF-LOVE IS A PATH,
A PRACTICE & A CHOICE

THE PATH OF
SELF *Love.*

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